

PLUS A MODERN RANCH IN THE FOOTHILLS

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JUNE 2015

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# westernliving



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## Okanagan Dreaming



**A Pair of Gorgeous  
Lakeside Homes**

**Summer-Fresh Recipes  
from Artist Bobbie Burgers**



# The 5 Sweetest Hikes You'll Find in the Okanagan



**Mountain Man**  
If there's a crag, waterfall, cave or viewpoint in the Okanagan, Josh Hogan knows how to hike to it.

1

## Test Run

### Carrot Mountain Bluffs

Distance from Kelowna 10 minutes from downtown

Time 1.5–3 hours round trip

**The Skinny** I personally use this hike for training and to test other members of the group for a yearly benchmark. It's a hike that has everything—a waterfall, a stunning vista, a gruelling uphill ascent and a giant boulder overhang for a view of West Kelowna.

2

## Lava Life

### Mount Boucherie: Eain Lamont Loop

Distance from Kelowna 5–10 minutes from downtown

Time 1.5 hours round trip

**The Skinny** This extinct strata volcano offers a stunning panorama of most of Kelowna from two different summits. You can head straight up for a steep ascent, but there are easier options as well. There's even a wishing tree at the top!

3

## Just Peachy

### Pincushion

Distance from Kelowna 30 minutes from downtown, near Peachland

Time 1 hour round trip

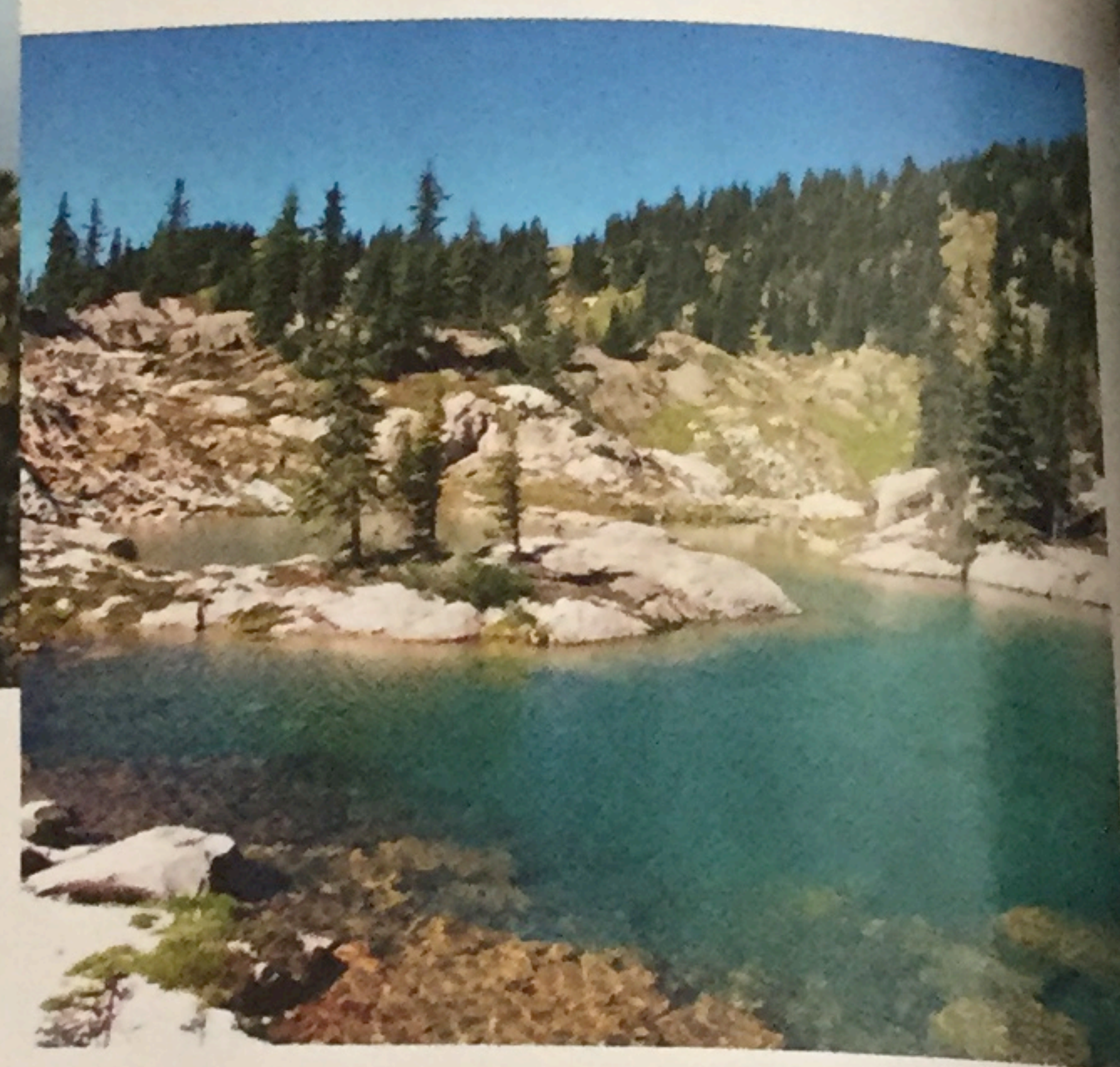
**The Skinny** A steady ascent that's slightly challenging, but you're rewarded with stunning views over Peachland and Okanagan Lake. And there's a geocache at the top (a small locked container you locate with GPS).



## Okanagan Special // HIKING



**View Finder** It's vista central here (clockwise from top): the Pincushion lookout, the rugged beauty of Twin Lakes, and the cave behind Christie Falls.



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### Rocky Road

#### Monashees: Twin Lakes

Distance from Vernon 100 minutes east

Time 4 hours

**The Skinny** This is a stunning alpine meadow that's far rockier than most local hikes. There are, in fact, two beautiful lakes, and if you're keen on overnighting, this is a great place to pitch a tent.

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### Big Time

#### Okanagan Mountain Park

Distance from Kelowna 15 minutes from downtown

Time 11–15 hours (over 38 kilometres)

**The Skinny** Maybe the ultimate Okanagan hike? It's a serious workout, but you'll walk through the epicentre of the 2003 fires. Amazing wildlife diversity (from snakes to lynx) and First Nations archaeological sites. Smaller day hikes can be done to Divide Lake or up Wild Horse Canyon to Commando Bay.

### Bonus

#### Christie Falls

Distance from Kelowna 45 minutes from downtown.

Time 1 hour round trip

**The Skinny** A waterfall hike this close to town? The access point is a forest road but the hike is mild, and if you're in the mood to overnight, you can do so behind the falls. **HL**

Find more details  
for each hike at  
[westernliving.ca](http://westernliving.ca)